

## About the program

If you want to live a life changing experience during your gap year then Naxos is the place



## **Project Topics**



### Classical History

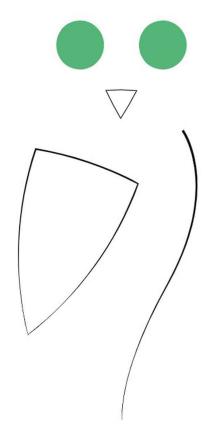
There will be classical history sessions in the form of informal education and based on mentorship

## Philosophy

All students and mentors will communicate, conversate, debate, agree, disagree... this is the way to achieve personal development

#### Arts

The students will take part in art workshops, they will visit local artists' studios and wil create their own works of art



Naxos academy

## Critical thinking

Our brain, possibly the most complex construction of evolution on Earth, has allowed us to survive in an environment full of dangers for millennia, but its functioning is very much conditioned by prudence and fear. We must overcome these preconfigurations of our mind and try to think better, critically. We have built an environment very different from that of the first communities of hunters and gatherers that occupied all the planetary ecosystems 20,000 years ago, it is time to evolve our way of thinking.

This will be a basic link for every topic in the program.

In this program you will learn about ancient history of classical times, you will be involved in philosophical conversations about the world around us, you will see and practice art in a variety of ways and you will develop your critical thinking and yourself

You will live in this paradise on earth with people from every corner of the world but also with experienced mentors who will guide you in every step of your spiritual development. The program includes trips around Greece, connection with the local community, sessions in the nature and a lot of activities



## The Mentors

"One of the greatest values of mentors is the ability to see ahead what others cannot see and to help them navigate a course to their destination."

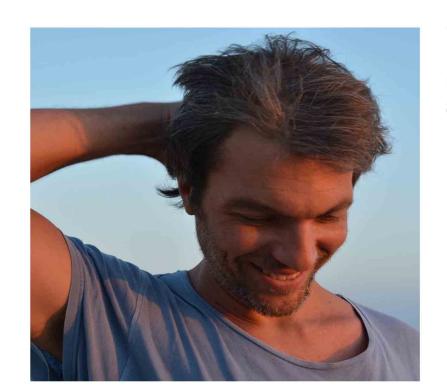
John C. Maxwell



Eva Angelouli holds a Bachelor Degree in History from the School of Philosophy of the National and Kapodestrian University of Athens. In 2009 she gained a Scholarship for Postgraduate Studies in European and Modern Greek History from the State Scholarship Foundation (IKY) in order to study Political Science and History in Panteion University of Athens. Now she completes her second Degree in Archaeology in the National and Kapodestrian University of Athens and she has been accepted to the Master of Education in the Hellenic Open University. In 2019 she participated in the University Excavation at the Plasi of Marathon, where she took part in museo pedagogical activities with primary school students. In 2019 she took an internship in the Research Programme "Cities of Antiquity" of the Department of History and Archaeology which aims the digital recording of all the Mediterranean cities from Prehistory to Late Antiquity. In the same time, she took a cerificate and an internship in Career Counseling and Career Coaching. She also holds certificates in Adult Education, Linguistic and Typographic Correction and Book Editing and Journalism and Political Reportage. She is a private tutor in History and Latin at Greek National Exams and Undergraduate levels.



Eva Angelouli



Vassilis Kavouridis

Vassilis Kavouridis, was born in 1976 in Athens but since 2001 he lives and works in Mykonos. He is a graduate of the School of Fine Arts in Florina, Greece. Mainly, he expresses himself through painting, sculpture, video and performance, combining all of them in order to create works of art and installations where the viewer is invited to enter into a world of new rules. At the same time, he express those concepts and positions of our times that have to do with the visible and invisible, subjective and objective reality. The last ten years, he conducts art seminars for adults and teaches children at a private school in Mykonos whilst simultaneously he has participating in multiple art exhibitions both in Greece and aboard.

#### Statement

As a human being, a citizen of chaos, I have always tried to find a way to determine myself inside any visible and invisible space. Therefore, I try to invent and apply as my base, theories that try in some way to materialize and stabilize the 3D world that exists inside me.

I perceive art as an endless game without conditions, something, like everything else, that does not need to be taken too seriously, but at the same time I see art as the only means to strengthen communication, promote empathy and reinforce responsibility.



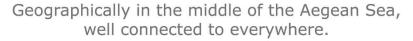
# Naxos Island

Accommodation

"Life is an island. People come out of the sea, cross the island, and return to the sea. But this short life is long and beautiful. In getting to know nature man exalts the wonder and beauty of life."

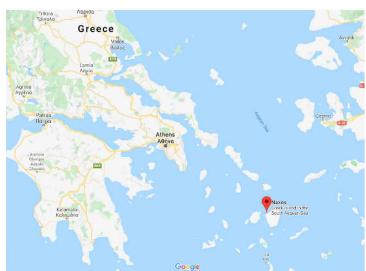
The students and the mentors will live in the island of Naxos, in a wonderfull apartment hotel close to the sea which will also provide them with traditional food in daily basis

~Martiros Saryan~

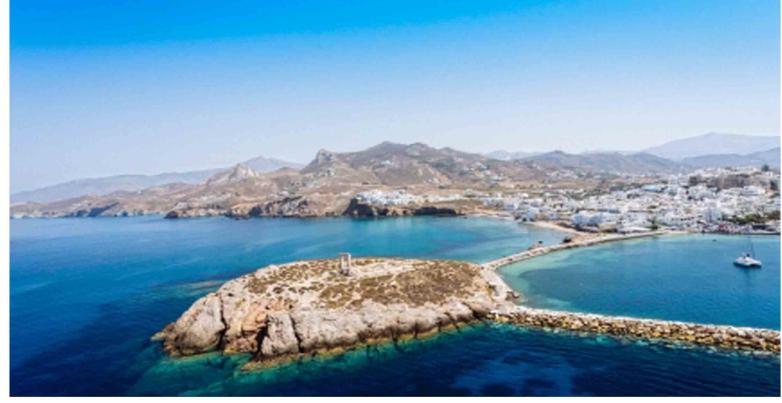


For millennia it has been a place of passage for the many cultures that have developed in the Mediterranean. Now it is an attractive tourist destination that is able to meet all expectations of rest and culture.

The people, the beaches, the monuments, the archaeological remains... will be our classrooms and the best space to learn.











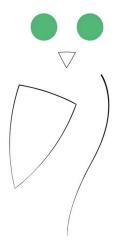
We wil have the opportunity to travel together around the island and explore every beautiful corner.

The students will stay in apartments of 3, 4 and 6 beds.

## Deadlines and Info

- Applications period is 1 June 31 October
- First Payment period (40%) is 1 November 15 November
- Preparing period is 16 November 1 January
- Second Payment period (60%) is 1 January 15 January
- Program period is 1 February 25 June





The project needs at least 20 students

If there will be less than 20 applications the project will be cancelled and you will be informed before the payment period

In case the applicants are more than 60 there will be a second group

There will be a psychologist available once a week for any student



## Frequently Asked Questions

#### What are the proposed learning outcomes?

Knowledge of the past that will help for the future - Ability to develop thinking strategies - Developing tools to manage life's challenges - Being part of a community - Getting to know the life in an island Critical Thinking

#### Why take a gap year on an island?

Living in an island for a while is a very special experience, specially if you are used to live in crowded cities or in a big country. Just two notes to start: The pace of life is slower on an island the time runs differently, communting is an strange concept there. Other interesting point is that appreciating raw nature is far easier to do in islands, and in our cases, we are not talking of woods or mountains, think on the ocean, and desert.

#### Why Should I take a Gap Year?

There are many good reasons to take a gap year. One could be that we are living in extremely liquid times, you'll probably have to work hard the rest of your live, now you have a good opportunity, take it :-)

#### Am I ready to take this step?

We don't know yet, but we are going to meet on videocall and we are going to talk for a while. At the end of the talk you'll know the answer. We are as interested as you, as an organization our concern is gathering the correct participants, if you are not ready we are not going to say the opposite.

#### How much baggage do I need?

Our proposal is a minimalist one. You are not going to need your things, with a backpack of 35 liters of capacity would be more than enough: some clothes and the teeth brush, a mobile and you are done.

A basic element you have to carry is a laptop or a tablet.

#### How much extra money do I need?

One of our approaches in the experience we are offering is the idea of dematerialize our lives.

All the boarding expenses are covered so it will be up to you...

#### Who is AGÖRA?

AGÖRA was born thanks to Erasmus+ projects. For years this European program has been putting in contact young leaders all around Europe. Coming from different backgrounds they have in common the idea that a new society is possible.

## **The Learning Community**

You need a tribe to educate one kid

African proverb.

The group is going to be a key resource in our process of learning. International participants and mentors, in an amazing place, together with a common goal: develop their potential.

A safe location on every meaning: Small and quite island, small groups, experienced mentors and selected participants... the perfect recipe for success.





## **The System**

### Learning by doing

We'll propose a practical environment when hands-on approach is the main tool..

### Learning from others

The group is where everything happens. When we put the knowledge in common, no individual can beat the outcomes.

Self Challenging: Every participant set his goals and is in charge of his learning..

Be the change...

you agree with this quote, this program is for you.



## Much more than a program

## Volunteering

Social involvement will be a key point to get the best from this experience. We will help with everything our community needs.

### **Trips**

The group will travel to Cycladic islands (Paros, Mykonos, Delos). There will be also a big trip (4 days) to Athens and Delphi.

## **Sports**

We are young healthy people, we love sports and we are going to live in a perfect climate for outdoor activities... let's play all.

### **Cultural visits**

Ethnography and local culture are important to understand the adaptation to the environment. You will learn about history and philosophy in the place where they were born.

# Pricing

total cost for Naxos program = 9.400 euros

the price includes: - Accommodation

- Food
- Mentors' fee
- Organized trips in Athens-Delfi
- Organized trips in Cyclades
- Activities
- Cultural visits
- Equipment for the sessions

the price does not include: - Travel tickets to Naxos

- Visa if needed
- Personal expenses

You will only need to bring your luggage, a laptop and your positive energy!

